

# Lake Constance Canoe Camping

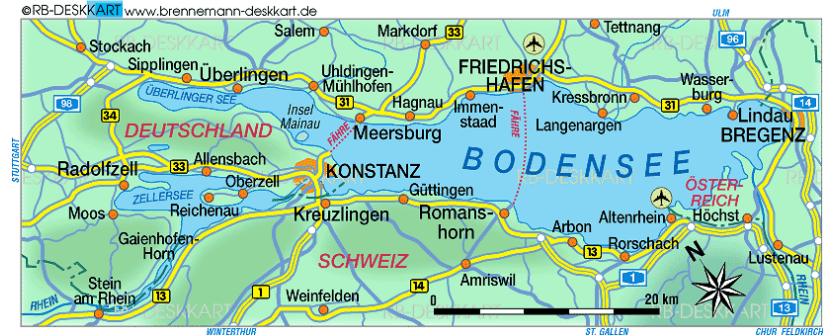


## Overview of the trip

The trip will take place on the Bodensee also known as Lake Constance and will use fully facilitated campsites based on the shores of the Lake.

Lake Constance is renowned for its climate being mild offering numerous cultural treasures that have been handed down. The famous vineyards along the North shore set off the stunning environment, which provides fresh fruit, wines and fabulous fresh fish at the restaurants along the shorelines.

The plan will be to cover most of the 173kms of the shores of the lake by canoe returning where possible as close to our starting point. This will incorporate one crossing (weather permitting), by canoe from Überlingen to Walhausen point of around 2kms.



With the longest shoreline being in Germany we aim to begin on this northern shore and travel along it sightseeing some of the historic points along the way. Every attempt will be made to tailor to client requests should you wish to visit somewhere not originally planned for in the itinerary.

The eight-day trip is planned to be at a leisurely pace, however can be changed, shortened or lengthened to suit the client/groups requirements.

The weather albeit known to be mild will play a part in this trip. Due to the nature of the environment and as we will be travelling by canoe, we will have to accommodate any sudden changes in the conditions and remain flexible for weather forecasts that do not favour our plans.

In these and such similar cases we will have an alternative programme to accommodate the client but any decisions will involve the whole group where possible. A support vehicle will be accompanying the group to deal with any unforeseen incidents, also to assist in the campsite setup and cooking of meals.



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## Travel to the region

It is suggested participants will fly into the region (via Memmingen/Friedrichshafen airports) or arrive by train to Lindau or Immenstadt.

Memmingen airport serves the Allgäu 40 minutes to 1 hour from Immenstadt and Lindau.

Friedrichshafen is on the Bodensee (Lake Constance).

Rail links are efficient and frequent from all over Europe to Lindau often via Immenstadt local to the adventurelifelinks base.

The region is linked to the rest of Europe including the UK by eurostar. All train travel itineraries can be checked and downloaded online.

## On arrival day

The day participants arrive we will collect from Lindau station or Friedrichshafen Airport if necessary. Transfers can be pre-booked with adventurelifelinks from Memmingen airport.

If there is time, participants will be transported to the sailing club at Bäumle/Zech. Here we will introduce participants to their canoes and equipment, and begin with some basic skills and coaching to develop technique.

The tents will be set up at the Campsite at Zech for participants on this first day. After a short paddle to the campsite clients will be introduced to one another, their tents and camping equipment. The itinerary will be discussed including any changes, weather, concerns etc.

Meals will be provided by adventurelifelinks although it is expected that participants assist in preparation and cooking at the campsites.

This will be a short day, which will remain flexible for arrival times of participants.

## Flexibility

Due to the nature of the sport, weather conditions and size of Lake Constance/The Bodensee, the trip will require flexibility and understanding if conditions are, unpleasant, too dangerous or participants require longer to cover the required distances.

The trip where possible will be tailored to the client requests although the group as a whole must be in agreement for large changes such as shortening or lengthening the days, or total distance covered.

We will have a support vehicle which can assist on any unforeseen occasions such as weather being too bad to paddle or for visits for venues not directly on the lake shore.



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## Itinerary 2011

Day	Start point	Finish point	Daily activity/sightseeing	Distance
1	Zech Camping	Kressbronn Ferienpark Gohren	Paddle first 3.5kms to Lindau, sightseeing and morning coffee stop, paddle west along northern coastline to the campsite	17kms
2	Kressbronn Ferienpark Gohren	Camping Fischbach	Paddling further along the coast through Friedrichshafen to Fischbach, a lovely campsite with a wonderful quiet bay ideal for swimming Options to visit museums	17.5kms
3	Camping Fischbach	Bir nau/Maurach Campingplatz	Paddle along the north coast towards Meersberg, sightseeing and lunch before continuing to the campsite for the evening	19kms
4	Bir nau/Maurach Campingplatz	Litzelstetten Camping site	Paddle to Uberlingen, sightseeing, then crossing 2kms to southern coast, (weather dependant), Wallhausen point, and paddle east along the southern coast to next camp	14kms
5	Litzelstetten Camping site	Ruderbaum Camping site	Sightseeing on Mainau Island then paddling onwards to Konstanz, sightseeing before progressing on to Ruderbaum campsite	19kms
6	Ruderbaum Camping site	Arbon Camp Buchhorn	Continuing along the southern Swiss coast of the Bodensee. The campsite is based just outside the town of Arbon allowing for those who wish to wander into town to sightsee to do so.	18kms
7	Arbon Camping Buchhorn	Rohrspitz Fischerhutzen Camp	Today's trip passes by the busy ferry port of Rorschach and the estuaries of the Alter Rhein. Crossing the border into Austria we will camp at the Rohrspitz in the nature-protected park.	23kms
8	Rohrspitz Fischerhutzen Camp	Zech Camping	From the peaceful natural surroundings of the Rohrspitz we will continue along the coast into the Austrian town of Bregenz, where there will be time for sightseeing at the end of the trip.	21.5kms
				<b>149kms</b>