





Canoelife info - the paddling!

The lakes

There are a few lakes in the area, the Alpsee, Rotachsee, and Gruntansee.

These provide fantastic locations to work on flat and open water skills. Of similar size to one another they usually provide a varied yet interesting environment to work on refining and polishing strokes, or work with the wind whether sailing of ferrying.



The rivers

The local river is the Iller, a grade 2 river with 2 or 3 different sections which can be paddled separately and moving water skills developed or in one go for the paddlers interested in putting in some kilometres.

There are also areas for static sites, poling, safety and rescue and lining/tracking.

Further a-field with a 1-2 hour drive the Argon, Ammer and Lecht offer further options ranging up to Grade 3 water.

Around 2 hours are also the Austrian larger volume classics, the Rosanna, Trisanna, Sanna and Imst gorge to name a few,



The North Alps WW Guide gives a good picture of location and grades for these.

The Map opposite shows the location of Sonthofen, with Obersdorf show 6km to the south.

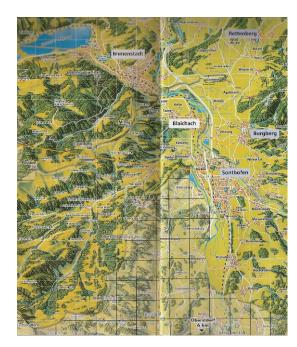
Rettenberg, where we are is to the NE corner of the map. The Alpsee is shown in the NW corner near immenstadt and Buhl. The second flat water venue is the Rotachsee, 8km north of Rettenberg.

The River Iller can be seen running South to North through the centre of the map.

Essential information

You will be provided with fully outfitted royalex We-no-nah canoes, Grey owl Paddles, BA's and helmets.

Each person will also have the use of a True North expedition drysac, wooden poles and lines if required.





The equipment is available for hire without instruction. Please see the info-links kit lists and technical info for a PDF download of hire terms and conditions.

